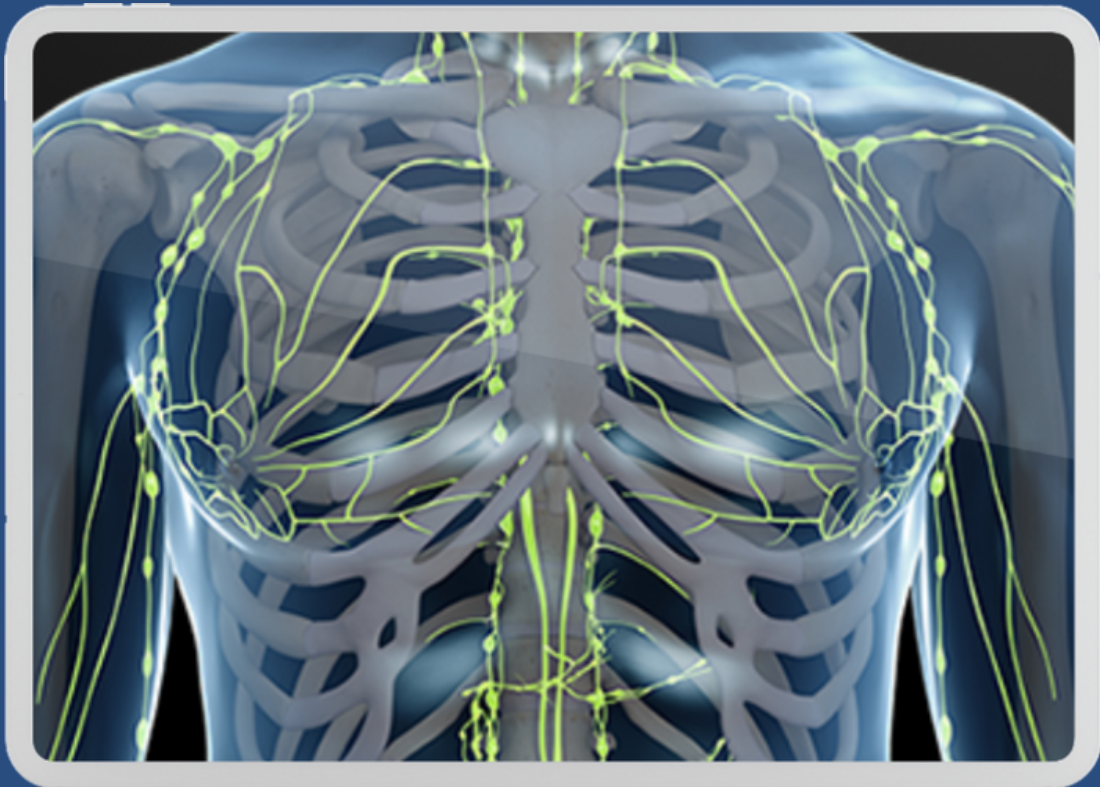


ANNUAL REPORT

2020-2022



LAOSA

*Lymphoedema Association
of South Africa*



Table of Contents

- 01 *Vision and Mission*

- 02 *President's Letter*

- 03 *Achievements*

- 04 *Income and expenditure at a glance*

- 05 *Membership Portfolio*

- 06 *Goals for 2022*

- 07 *Acknowledgements*



Vision and Mission

Our Story so far

LAOSA is a South African non-profit (164-391 NPO) organisation for professional individuals interested in lymphoedema treatment, as well as research and training in lymphology and lymphoedema. We strive to promote access to complete Lymphoedema care in the public and private healthcare sectors.

We encourage and support research in the area of Lymphology, Lymphoedema and other oedemas particularly as it relates to the South African context. LAOSA provides a statement of Standards of Education for Lymphoedema therapists, which can be found in the Wound Healing Association of South Africa's journal, December 2018 issue. LAOSA stays abreast of certifications offered and is able to direct queries to relevant training facilities. We offer short courses which assist with continued professional development.

One of our biggest achievements to date has been the awareness created through consultations with Government, Health Care Providers, Third Party Payors, Educators and other stakeholders on the effective management of Lymphoedema and other oedemas.

"We consistently work to increase awareness of the diagnosis and treatment of Lymphoedema in the health care sector as well as in the general public"

President's Letter

2021 has once again been a year of challenges which have taken us out of our comfort zone, forced us to rethink the status quo and grow. The world of lymphoedema advocates (doctors, nurses, therapists and patients) continue to strive for better treatment for our patients, recognition of the condition and access to services both internationally and locally.



Copenhagen Meetup

Erika and I had the privilege of attending the 10th ILF congress in Copenhagen where we met other therapists from all over the world, listened to leaders in the field and discussed collaboration in research with the ILF. We look forward to working with them.

AGM

Our AGM was a success, albeit online and we hope that we will get to meet all our lymphoedema therapists face to face in September 2022 at the next AGM. Thank you to our members for continuing to support us.

What LAOSA achieved this year

2021 CONFERENCE

Our 2021 conference was held on the 11 September and attended by over 40 lymphoedema therapists and advocates. Keynote speakers included distinguished doctors and practitioners, who shared exciting breakthrough techniques and treatments within the field of lymphoedema.



LAOSA
Lymphoedema Association
of South Africa
Conference & AGM

11 SEPT 2021

Join us ONLINE
to hear our dynamic
speakers, learn about



MARKETING

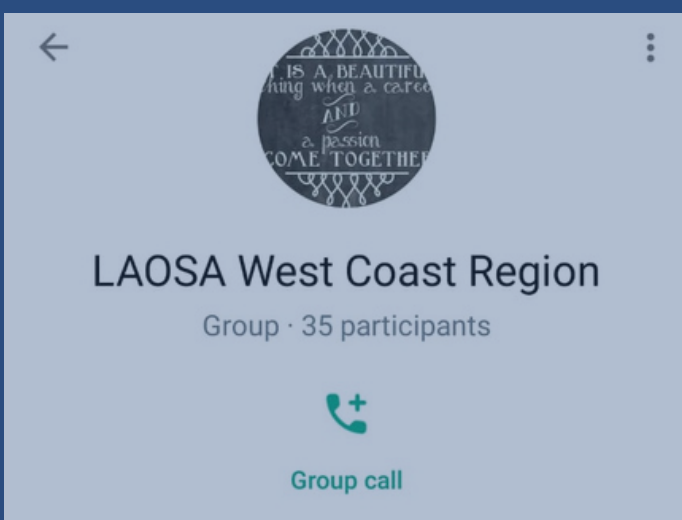
LAOSA's website was given a fresh new look. The "find a therapist" section was updated to ensure current and potential lymphoedema patients know who to contact when they need help.

MEDICAL AIDS


Various steps were taken to improve the coverage of lymphoedema treatment by medical aid. LAOSA was able to finalize baskets of care for Axillary web syndrome and restricted shoulder movement which is caused by the patient's cancer treatment. These baskets of care are evidence-based treatment protocols that provide a guideline for funding

COMMUNICATION


LAOSA improved communication to it's current members by updating and creating new communication systems. We acquired a dedicated cellphone number to use for legal compliance and to ensure consistency with registration. A centralized whatsapp group was established for the ease of communication and marketing to members.



←



LAOSA West Coast Region
Group · 35 participants



Group call

Income and expenditure

at a glance

Summary

Due to the postponement of the Conference and AGM because of the Covid 19 pandemic, the expenses stretch over 2 financial years, making the numbers appear erratic. The financial reports for both financial years, ending Feb 2021 and Feb 2022, have therefore been included.

Despite this, our income has increased and was standing at R82 584 at the end of Feb 2021 and at R134 441 by the end of Feb 2022.

Our expenses for 2021 also appear significantly lower, R17 852 vs R98 190, as most of the Conference expenses only reflected in the next financial year's report.

Our expenses for 2022 amount to R80 404, majority attributed to the AGM and conference. See below for a further breakdown.

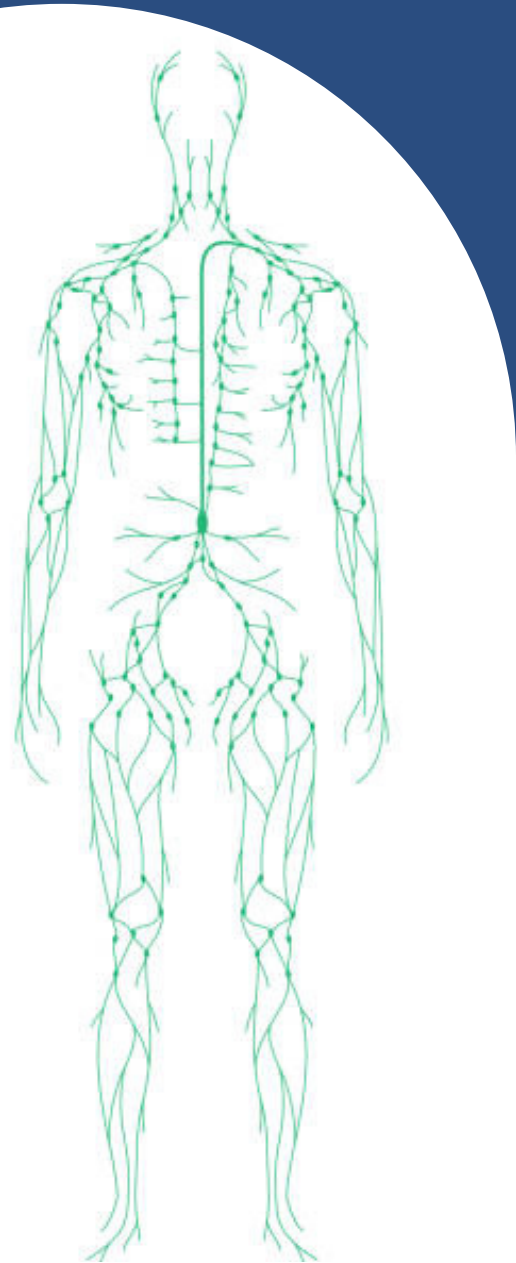
FINANCIAL STATEMENT
FOR YEAR END 28 FEB 2021

Income

Annual membership fees	R25 383
AGM attendance+exhibitors	R0
Donations	R0
Total Sales Revenue	R25 383

Expenses

Accounting fees	R4 469
Banking charges	R1 784
Advertising	R11 599
AGM expenses	R0
Total Expenses	R17 852



FINANCIAL STATEMENT

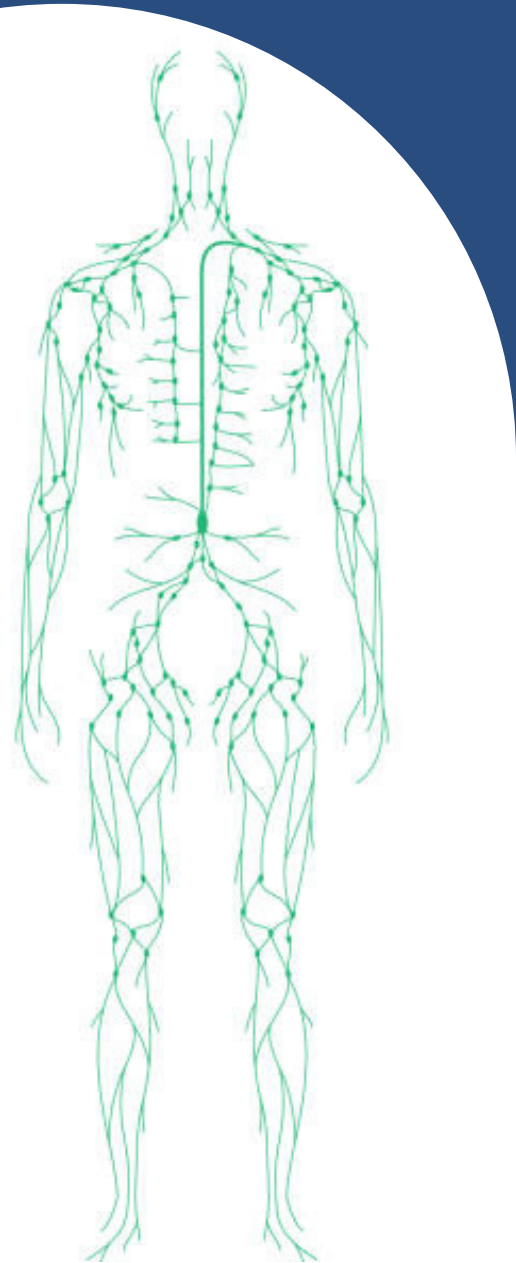
FOR YEAR END 28 FEB 2022

Income

AGM and annual membership fees	R132 099
Donations	R0
Total Sales Revenue	R132 099

Expenses

Administrative fees	R11 300
Other expenses	R5100
Advertising	R19 760
AGM + ILF expenses	R44 244
Total Expenses	R80 404



STATEMENT OF CHANGES IN EQUITY

Figures in R	Notes	2021	2020
Current assets			
Cash and cash equivalents	4	82,583	75,018
Total current assets		82,583	75,018
Total assets		82,583	75,018
Equity and liabilities			
Equity			
Accumulated surplus		82,584	75,018
Liabilities			
Current liabilities			
Trade and other payables	5	(1)	-
Total liabilities		(1)	-
Total equity and liabilities		82,583	75,018

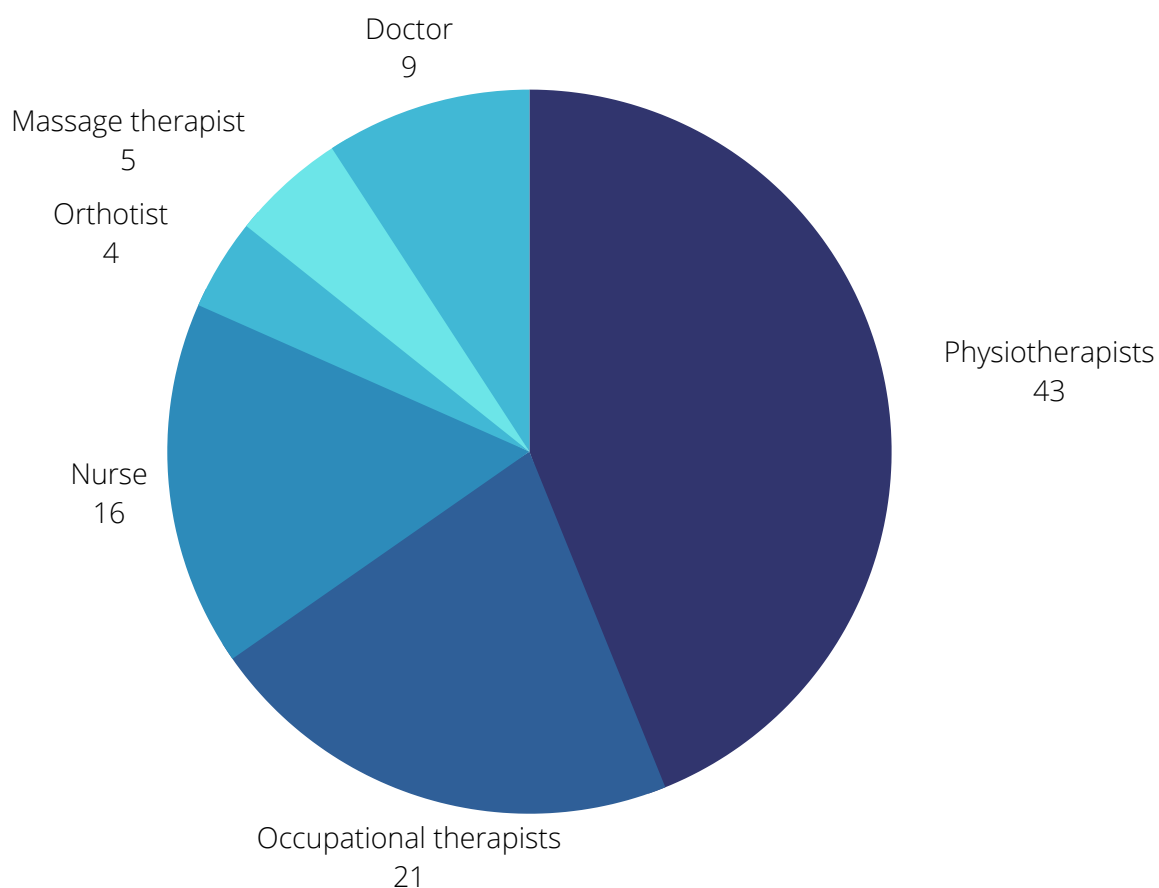
Figures in R	Notes	2022	2021
Current assets			
Trade and other receivables	4	5,100	-
Cash and cash equivalents	5	129,341	82,583
Total current assets		134,441	82,583
Total assets		134,441	82,583
Equity and liabilities			
Equity			
Accumulated surplus		134,441	82,584
Liabilities			
Current liabilities			
Trade and other payables	6	-	(1)
Total liabilities		-	(1)
Total equity and liabilities		134,441	82,583



Membership Portfolio

The key membership facts:

- 98 Members registered for 2021, increased from 75 member in 2020
- Western Cape overtook Gauteng in terms of member numbers
- 2 Members from outside South Africa - 1 in Namibia and 1 in Zimbabwe
- It appears that an increase in member numbers can be attributed to increased training and qualifying of new certified therapists





Goals for 2022

Goal	Details
Offer courses and journal clubs	To promote continuous development amongst lymphoedema practitioners First course to be held in March - outlining the billing and medical aid processes
Revisit LIMPRINT/ILF research	A lymphoedema study within a South African context. To be resumed in 2022 and determine the feasibility of conducting the study.
Medical Aid	Presenting the Lymphoedema basket of care to other Medical Aids: Momentum and Medscheme.
Member engagement	Continue to develop and improve communication amongst members; to improve upon the website platform and provide new offerings

Acknowledgements

The association would not run without the executive committee; The President would like to thank the team for all their hard work and dedication to LAOSA in 2021.

Contact

LAOSA

info@laosa.co.za

membership@laosa.co.za

finance@laosa.co.za



A handwritten signature in black ink, appearing to be 'N. Powell', written over a horizontal line.

Natalie Powell

President

A handwritten signature in black ink, appearing to be 'Sachan Robinson', written over a horizontal line.

Sachan Robinson

Treasurer